

Denise Corcoran (aka Thrifty By Design) | Crafting With 'Crap'

Class 4: How to Repurpose Old T-Shirts Into Funky Headbands

Create a headband by braiding yarn from old t-shirts.

SUPPLIES:

- old t-shirt
- scissors



STEPS:



Find an old t-shirt to relove, wash it then cut 6 strips 1" in width. Cut strips from the bottom of the shirt to the top. The cuts don't need to be perfect.



Take the 6 strips and group them into 2 bundles of 3.



Place the first bundle of 3 in a loop. Then place the second bundle of 3 as a smiley face on top.



Take the bottom right leg of bundle 1 and place it on top of bundle 2.



Place the left leg of bundle 2 under the loop of bundle 1.



Place the right leg of bundle 2 up, under and over bundle 1.



Now pull each end to create a knot.



This is how your headband should look.



The last step is to close the headband. I created a slit in a few of the ends then pulled the other ends through. Note: feel free to sew the ends together instead.



I tied a knot once I pulled the loose ends through. Now you're done and ready to wear your DIY headband.